



Empowering Women in Food and Retail

WHAT IT IS & WHY IT MATTERS TO YOUR BUSINESS

A **Leadership Programme** to unlock the full potential of women in your organisation.

Many talented women plateau in their careers due to confidence gaps, lack of visibility, and limited sponsorship. **Fearless Women: Empowered to Rise** bridges this gap by equipping women with the skills, confidence, and strategic influence needed to step into leadership roles and drive business success.

Investing in women's leadership development supports:

- **Talent Retention & Engagement** – Employees who feel supported are more likely to stay and thrive.
- **Stronger Leadership Pipeline** – Building a diverse leadership team drives innovation and performance.
- **Diversity, Equity & Inclusion Goals** – A practical way to move beyond policy and into real career progression.

WHO IT IS FOR

This programme is designed for women in your organisation who:

- Are **aspiring** or **established leaders** looking to strengthen their **confidence** and **influence**.
- Want to step into **more senior roles** or **increase their impact** at the leadership level.
- Need to develop **executive presence** and the ability to **navigate workplace challenges** with authority.

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I loved every minute of the programme. The workshops were interactive with lots to take away and action, and it was great to be part of a group of women with similar challenges. I'm so grateful for all the help and support the programme gave me

Programme Participant
Category Lead, Retail

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BENEFITS

Confidence

to lead with impact and clarity.

Stronger influence

Executive presence in leadership settings.

Practical tools

to manage workplace challenges and career progression.

Powerful network

of like-minded women providing support and inspiration.

Leadership Pipeline

Stop talented women leaving before they reach potential

Stronger business performance

Studies show that organisations with diverse leadership teams outperform competitors

PROGRAMME STRUCTURE

Flexible options to fit **your business needs**:

- **Individual Sponsorships** – Support key talent with a place on the open programme.
- **Cohort-Based Training** – Enroll a group of employees together for a tailored experience.
- **In-House Adaptation** – Customise the programme to align with your leadership development strategy.